**ABC Books re: Feelings, Emotions, Mindfulness**

**A List**

**Animals Have Feelings, Too**

**Exploring Feelings from A to Z**

**By Karen Lee Stevens**

**K Is for Kindness: An Alphabet Book**

**By Jamantha Williams Watson**

**S is for Smiling Sunrise: An Alphabet Book of Goodness, Beauty, and Wonder**

**by**[**Vick Wadhwa**](https://www.amazon.com/Vick-Wadhwa/e/B00H5O0CWA/ref=dp_byline_cont_ebooks_1)

[**The ABC's of Feelings**](https://www.amazon.com/dp/B01CC1DH8G/ref=rdr_kindle_ext_tmb)

**by**[**Meredith Rivers**](https://www.amazon.com/s/ref=rdr_kindle_ext_aut?_encoding=UTF8&index=books&field-author=Meredith%20Rivers&search-alias=digital-text)

**The ABC Book of Feelings**

**by**[**Kathryn Lescroart Detzer**](https://www.amazon.com/s/ref=dp_byline_sr_book_1?ie=UTF8&text=Kathryn+Lescroart+Detzer&search-alias=books&field-author=Kathryn+Lescroart+Detzer&sort=relevancerank)

**[A Is for Angry: An Animal and Adjective Alphabet](https://www.amazon.com/Angry-Animal-Adjective-Alphabet/dp/0761193308/ref=sr_1_18?s=books&ie=UTF8&qid=1516992710&sr=1-18&keywords=ABC%27s%2C+feelings" \o "A Is for Angry: An Animal and Adjective Alphabet)**

**by**[**Sandra Boynton**](https://www.amazon.com/Sandra-Boynton/e/B000AP9SWQ/ref=sr_ntt_srch_lnk_18?qid=1516992710&sr=1-18)

**Walter Was Worried**

**by**[**Laura Vaccaro Seeger**](https://www.amazon.com/Laura-Vaccaro-Seeger/e/B001H6POZW/ref=dp_byline_cont_book_1)

**An Annoying ABC**

**by**[**Barbara Bottner**](https://www.amazon.com/Barbara-Bottner/e/B001HP523M/ref=dp_byline_cont_book_1)**,‎**[**Michael Emberley**](https://www.amazon.com/Michael-Emberley/e/B001IGV6SK/ref=dp_byline_cont_book_2)

**Mindful ABCs**

**by [Mrs Tamara Hackett](https://www.amazon.com/s/ref=dp_byline_sr_book_1?ie=UTF8&text=Mrs+Tamara+Hackett&search-alias=books&field-author=Mrs+Tamara+Hackett&sort=relevancerank)**

**[I Have Feelings / Tengo sentimientos (My World / Mi mundo) (English and Spanish Edition)](https://www.amazon.com/Feelings-Tengo-sentimientos-English-Spanish/dp/0778782654/ref=sr_1_46?s=books&ie=UTF8&qid=1516993152&sr=1-46&keywords=ABC%27s%2C+feelings" \o "I Have Feelings / Tengo sentimientos (My World / Mi mundo) (English and Spanish Edition))**

**by**[**Bobbie Kalman**](https://www.amazon.com/Bobbie-Kalman/e/B001IODHDO/ref=sr_ntt_srch_lnk_46?qid=1516993152&sr=1-46)

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[**P is for Pinata: A Mexico Alphabet**](https://www.amazon.com/dp/B00P1IYVRY/ref=rdr_kindle_ext_tmb)

**by**[**Tony Johnston**](https://www.amazon.com/s/ref=rdr_kindle_ext_aut?_encoding=UTF8&index=books&field-author=Tony%20Johnston&search-alias=digital-text)**,**[**John Parra**](https://www.amazon.com/s/ref=rdr_kindle_ext_aut?_encoding=UTF8&index=books&field-author=John%20Parra&search-alias=digital-text)

**(Discover the World)**

**[A Is for Africa](https://www.amazon.com/Africa-Ifeoma-Onyefulu/dp/0140562222/ref=sr_1_cc_3?s=aps&ie=UTF8&qid=1516991580&sr=1-3-catcorr&keywords=ABC%27s%2C+diversity" \o "A Is for Africa)**

**by [Ifeoma Onyefulu](https://www.amazon.com/Ifeoma-Onyefulu/e/B001H6UXPI/ref=sr_ntt_srch_lnk_3?qid=1516991580&sr=1-3-catcorr)**

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**L Is for Last Frontier: An Alaska Alphabet**

**(Discover America State by State)**

**by**[**Carol Crane**](https://www.amazon.com/Carol-Crane/e/B001JS0LWE/ref=sr_ntt_srch_lnk_3?qid=1516991580&sr=1-3)**and Michael Glenn Monroe**