

Physical Well Being

Connection - Interdependence

Safety

Movement

Acceptance

Love

Food



Touch



Sleep

Compassion

Empathy

## Basic Emotional Needs of Children: What Do You Need?

**Pause... Breathe... Accept Situation Without Judgement**

- ♥ Identify Possible Unmet Emotional Need.
- ♥ Verbally Empathize Child's Emotion & Ask What They Need?
- ♥ Acknowledge Their Need and State Your Need.
- ♥ Provide A Positively Guided Solution.

Meaningful Expression

Autonomy

Play

Learn

Freedom

Space



Create



Be Understood

Express Self

Independence

Choice

